

Cassiobury Infant & Nursery School – Pupil Choice Menu
Weekly Meal Pattern from wk comm 31 Oct 2022 – wk comm 27 Mar 2023

WEEK 1 – Week Commencing – 31 Oct, 21 Nov, 12 Dec, 5 Jan 2023, 23 Jan, 20 Feb, 13 Mar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Dusted Chicken with Rice	Mediterranean Roll With Potato Wedges (Ve)	Roast Chicken with Sage & Onion Stuffing	Cottage Pie	Battered Fish
		Halal Chicken		
Italian Pasta Bake (Ve) with Crusty Bread	Macaroni Cheese (V) With Garlic Bread	Vegetarian Sausages (V) in Yorkshire Pudding	Quorn Burger in a bun (v) with Diced Potatoes	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta		Low Fat Chips or Wholemeal Pasta
Jacket Potato with Tuna	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna
Cheese Roll	Chicken Mayo Wrap	Tuna Baguette	Ham Roll	Egg Roll
WEEK 2 – Week Commencing – 7 Nov, 28 Nov, 19 Dec, 9 Jan 2023, 30 Jan, 27 Feb, 20 March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages in Gravy and Creamed Potatoes	Chicken Pie with Herby Potatoes	Roast Beef and Yorkshire Pudding	Quorn Hot Dog	Crispy Coated Salmon
		Halal Chicken		
Cheese & Veg Pasties (v) with Diced Potatoes	Mild Vegetable Curry (Ve) with Rice	Lentil Roast (v)	Roasted Vegetable Lasagne (v) with Garlic Bread	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta		Low Fat Chips or Wholemeal Pasta
Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese
Cheese Roll	Chicken Mayo Wrap	Tuna Baguette	Ham Roll	Egg Roll
WEEK 3 - Week Commencing - 14 Nov, 5 Dec, 16 Jan 2023, 6 Feb, 6 Mar, 27 Mar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegballs in Homemade Tomato Sauce (Ve) with Pasta	Mild Chicken Curry with Rice	Roast Pork with Sage & Onion Stuffing	Beef Burger in a bun with Potato Wedges	Fish Fillet Fingers
		Halal Chicken		
Cheese Pinwheel with Diced Potatoes (v)	Omelette, Grilled Tomatoes & Baked Beans (v)	Tomato Bolognese (Ve)	Cheese, Potato & Broccoli Bake (v)	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta		Oven chips or Wholemeal Pasta
Jacket Potato with Tuna	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Cheese Roll	Chicken Mayo Wrap	Tuna Baguette	Ham Roll	Egg Roll

NOTE: Due to supply issues, we may, on occasion, need to change the menu. We will give parents as much notice as possible of this change.