

Cassiobury Infant & Nursery School – Pupil Choice Menu

Weekly Meal Pattern from wk comm 19 Apr 2022 – wk comm 17 Oct 2022

WEEK 1 – Week Commencing – 19 April, 9 May, 6 June, 27 June, 18 July, 1 Sept, 19 Sept, 10 Oct				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese with Tomato Bread (V)	Chicken Pie with Roasted New Potatoes	Roast Pork Loin with Stuffing	Beef Burger in a Bun with Diced Potatoes	Battered Fish
Vegan Chilli (Ve) topped Potato Wedges	Mild Vegetable Curry (Ve) with Rice	Vegan Sausages (Ve) with Gravy	BBQ Quorn Fillet (V) with Savoury Rice	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta		Low Fat Chips or Wholemeal Pasta
Jacket Potato with Tuna	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna
Cheese Roll	Chicken Mayo Wrap	Tuna Baguette	Ham Roll	Egg Roll
WEEK 2 – Week Commencing – 25 April, 16 May, 13 June, 4 July, 5 Sept, 26 Sept, 17 Oct				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Gravy and Creamed Potatoes	Organic Beef Bolognese with Pasta	Roast Chicken with Stuffing	Quorn Pattie in a Bun (V) with Potato Wedges	Fish Fillet Fingers
Roast Vegetable Lasagne with Garlic Bread (v)	Tomato and Cheese Tart with Potato Wedges (v)	Veggie ‘meat-free’ Balls with Homemade Tomato Sauce (Ve)	Mild Mexican Fajita (Ve) with Rice	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta		Low Fat Chips or Wholemeal Pasta
Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Cheese
Cheese Roll	Chicken Mayo Wrap	Tuna Baguette	Ham Roll	Egg Roll
WEEK 3 - Week Commencing - 3 May, 23 May, 20 June, 11 July, 12 Sept, 3 Oct				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Grill with Potato Wedges	Quorn Hot Dog (V) with Diced Potatoes	Gammon Roast	Organic Beefy Pasta Bake with Mixed Salad	Salmon & Sweet Potato Fishcake
Italian Pasta Bake (Ve) with Crusty Bread	Roasted Tomato Ragu (Ve) with Pasta	Cheese & Broccoli Bake (v)	Savoury Quiche(v) with New Potatoes	Cheese and Tomato Pizza (v)
		Roast Potatoes or Wholemeal Pasta		Potato Wedges or Wholemeal Pasta
Jacket Potato with Tuna	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Cheese Roll	Chicken Mayo Wrap	Tuna Baguette	Ham Roll	Egg Roll

NOTE: Due to supply issues, we may, on occasion, need to change the menu. We will give parents as much notice as possible of this change.